

**2024 Spring Season – DFW Adult Baseball Association  
55+ Supplemental Rules**

1. All games shall be seven (7) inning games. An official game is four (4) innings or 3 ½ innings if the home team is leading. There is NOT a mercy run rule. During the first 3 innings a team cannot score more than 6 runs per inning unless the additional runs are scored on the last play after the 6 runs are scored.
2. Games shall be 2-hour time limits where no new inning shall be started after 1 hour 50 minutes, unless the difference in score is 4 runs or less. Any inning started prior to this must be completed.
3. Each team shall be responsible for paying one umpire (cash only) before the start of the game. Fee is \$70.
4. Play will be restricted to wood bats only – Composite bats will be allowed. Composite bats are defined as wood bats with a reinforcement to minimize breakage.
5. Offensive batting lineups may contain anywhere from the eight (8) minimum required to start up to the maximum number of players available at the game. When non-roster fill-in players are used to make a legal lineup, the non-roster players must be added at the bottom of the batting order following all legally present players and cannot pitch. **Note:** Non-roster players are only permissible if the opposing manager consents. It is still the manager's prerogative to demand a forfeit. **Non-roster players are not permitted in play-off games.**
6. Stealing will be allowed per MLB Rules.
7. Players may be added to the bottom of the batting order at any time – so long as they are listed on the approved substitute list on the manager's lineup card. It is not required for a player to be present at the beginning of the game.
8. A team may elect to bat any number of players with a minimum of 9. (Exception: 8 Man Start rule). They may add players to the bottom of the order at any time. A player may vacate his spot in the batting order at any time unless there are available substitutes. The vacated spot will be declared an out the first time it is vacated. All remaining at bats for the vacated spot will not be penalized. (Exception: Playoffs; a team must finish the game with no less than the largest number of batters at any given time in the line-up. The penalty will be an out in the vacant spot in the order.)
9. Non-runner rule: Four (4) players in the batting order may be designated as "non-runners" and may be optionally run for any time they reach base. The last previously recorded out is the designated runner. Additionally, the pitcher and catcher currently "in the game" may also be non-runners. This substitution must be made prior to the next pitch. It is permissible to add the 3<sup>rd</sup> and 4<sup>th</sup> designated non-runners any time during the game. If at any time the temperature is over 100 degrees any player may be considered a non-runner. This includes playoff and championship games.
10. To be eligible for the 55+ league, a player must attain at least his 55<sup>th</sup> birthday during the calendar year of the current season. In 2023 teams are allowed one player that must be at least 54 by 12/31/2024. This one player must be on the roster by 6/12/23 and cannot pitch. After 6/12/23 no other players will be allowed to be added unless they are league age 55 for future season. All players must be able to prove their age at any time or be declared ineligible. It is recommended that they carry a valid, original picture ID such as a driver's license – no faxes or photocopies are acceptable.
11. A team may declare at the time that lineups are exchanged prior to the start of play that any batting order position (i.e. 8, 9, 10, etc.) can be occupied by two (2) players in each such batting position. That is, 8A/8B, 9, 10A/10B, 11, etc. The first time that position 8 gets an at bat, 8A would hit and the next time this slot hits, 8B would be up. Then 8A hits the third time this spot in the order comes up, and so on, alternating between these two players throughout the game. Once a team declares the use of this A/B system, it must continue using it for the remainder of the game. If due to injury or absence of one of the alternating hitters, the player present may hit in the A/B slot without penalty. Playoffs and championship games if one of the hitters cannot bat it will be declared an out. Hitters in the A/B position may be pinch hit for, just as any other player. The substitute player must be substituted for one of the A/B positions.
12. Teams may not request schedule changes once the schedule has been posted.
13. Any DFW ABA team or player may participate and attend any tournaments. For any World Series Tournaments, the manager must notify the league president the dates the team will not be able to play in the local league due a large majority of players that will be participating. This notification must be emailed to the league president by February 1<sup>st</sup> for the spring/summer season and by July 15<sup>th</sup> for the fall season of the calendar year. If a team fails to communicate the dates needing off by July 15<sup>th</sup> they must play or forfeit their games that are scheduled.